

SCSC ALTERNATE SCHEDULE

Friday Jan 20th, 2012

Due to our scheduled simulation, the training schedule will be as follows:

3:15	4:10	Off-Ice
4:15	5:00	Freeskate
5:00	5:15	Junior and Senior Class (Line&Form)
5:15	6:00	Simulations
6:05	6:20	Off-Ice Flex Class

\$10 - speak to your coach

Please note: Jim and Tina will also be available to provide feedback. The cost will be their rate divided by the number of participants

If you are unable to attend, please let Rory Allen know asap.