



Spruce City Skating Club (the “club”) Athlete Code of Conduct

1.0 Athlete Expectations for all On and Off-Ice sessions

- Athletes will make every effort to be punctual for all sessions. Athletes must ask permission before entering the ice late for group sessions.
- Under no circumstances is a athlete to be on the ice while the zamboni doors are open. A coach (or other ice supervisor) must be present before entering the ice.
- Food and drink (other than water) are not permitted at the ice surface
- Athletes are encouraged to keep water bottles at the ice surface
- Athletes are expected to utilize their ice time effectively and to refrain from engaging in activity that would potentially jeopardize the safety of other athletes or coaches
- Right of way is given firstly to the athlete whose music is playing and secondly to athletes in lessons
- Athletes are expected to refrain from interrupting lessons of other athletes
- Athletes will exhibit respectful behaviour and engage in constructive conversation with others while engaged in Club activities, including in the dressing rooms
- Electronic devices are not permitted on the ice
- Athletes are expected to show respect for club and city property and keep locker and dressing rooms tidy
- Athletes must knock and ask permission before entering the coaches room
- Athletes must ask permission from a coach before leaving the ice surface during a session

2.0 Dress Code

- Athletes will dress appropriately for all sessions; girls are expected to wear skating dresses or pants appropriate for skating (tight-fitting, no sweatpants or jeans); boys are expected to wear skating pants or form fitting pants appropriate for skating; hair must be kept off of the athlete’s face; hoodies and bulky jackets are not permitted in on and off-ice classes
- Please bring a yoga mat, skipping rope and water bottle to all off-ice classes

3.0 Parent/Guardian Expectations

- Notify your coach as soon as possible if a athlete is unable to attend a session; coaches reserve the right to charge for lessons missed without advance notice
- Parents are not permitted in the player’s box
- Parents and siblings of athletes are not permitted to coach from the boards or the stands
- Parents should not interrupt lessons to talk to a coach, please wait for a flood or a break
- Parents must communicate in a positive manner with athletes, coaches, other parents, and executive members

Failure to abide by the Club Code of Ethics may result in the athlete being asked to leave the ice without refund. Questions regarding any SCSC policy are to be directed to the Vice-President.

Athlete
Signature: _____ Date: _____

Parent/Guardian
Signature: _____ Date: _____

Spruce City Skating Club
PO Box 712, Station A Prince George, BC V2L 4T3
www.sprucecityskating.com

